

In Yo



Polarities in Aikido



Patrick Cassidy



Daiyu Takeda

AIKIDO SEMINAR

September 18 – 20, 2026

Dojo Aikido Unlimited | Uster | Schweiz

Schedule	Friday	19:00 – 21:30	
	Saturday	10:00 – 12:30 14:30 – 17:00 17:00 – 18:00	Dan Exams
	Sunday	10:00 – 14:00	

Costs	CHF 170.- early bird until Aug 18th CHF 200.- from Aug 19th Number of participants is limited
Place	Aikido Unlimited Uster West 12 8610 Uster
Info	www.seminare.aikidounlimited.ch
Sign Up	events@aikidounlimited.ch

Possible to stay overnight at the Dojo, please bring a sleeping bag and a mat.
We ask for CHF 10 per night.

Daiyu Takeda

Daiyu Takeda Sensei lives and teaches in Kamakura, Japan. He holds a 7th degree black belt in the art of Aikido and is known worldwide for the warmth, clarity and beauty of his Aikido. His powerful, fluid movements, interwoven with his own joyful, dynamic and innovative style clearly embody the contemporary teachings of his father and master Yoshinobu Takeda Shihan - Founder of the Aikido Kenkyukai International (AKI).

Patrick Cassidy

Patrick Cassidy has been practicing Aikido, Meditation and Yoga for over 40 years. Living in Japan for 7 years and travelling through India, Nepal and Tibet for over 3 years, Patrick has been committed to the investigation of being and becoming. He holds a 7th degree black belt in the art of Aikido and directs a full time school of Aikido, Yoga and Meditation in Montreux Switzerland. He also leads a worldwide network of Aikido dojos under the banner, Evolutionary Aikido Community. He has facilitated conflict resolution programs in psychiatric hospitals for caregivers and their patients and has led leadership and team building training for numerous corporate organisations. He is also a long term practitioner of Japanese Tea Ceremony in the Ura Senke school.